

Report on HB Testing Programme

Organized by the Red Ribbon Club, GDC Nankhari

Date: 1st October 2025

In observance of “Poshan Maah” and under the theme “Anemia Mukh Himachal Abhiyan,” the Red Ribbon Club of Government Degree College, Nankhari, in collaboration with RBSK (Rashtriya Bal Swasthya Karyakram), MHT Block Nankhari, successfully conducted an HB (Hemoglobin) Testing Programme on 1st October 2025.

RBSK, a national programme under the Ministry of Health & Family Welfare (MoHFW), Government of India, aims at early identification and intervention of health-related issues among children and youth. Aligning with the goals of Poshan Maah, the programme focused on raising awareness about anemia prevention through nutritional well-being.

The testing was conducted for all students and the teaching and non-teaching staff of the college. A total of 20 individuals were tested during the programme. The medical team functioned under the guidance of Medical Officer Dr. Trilok Joshi, and the tests were administered by Dr. Ritika Shandil and Female Health Worker Ms. Deepika Chauhan.

The event was coordinated by Astt. Prof. Sharmila Nalwa, Convenor of the Red Ribbon Club, with the active involvement and support of all faculty members. Following the completion of the testing, the Convenor addressed the participants and encouraged them to maintain good health by adopting a nutritious and balanced diet, emphasizing the crucial role of health awareness in combating anemia. It was highlighted that healthy women and youth contribute significantly to the well-being and strength of families and society.

The programme concluded successfully, owing to the dedication of the medical team, the cooperation of the faculty, and the enthusiastic participation of the students. The initiative reinforced the message of “Anemia Mukh Himachal” and aligned with the broader objectives of Poshan Maah by promoting health, nutrition, and awareness among the college community.

Images:-





Nankhari, Himachal Pradesh, India
8h4m+5g9, Nankhari, Himachal Pradesh 172021, India
Lat 31.305532° Long 77.584339°
01/10/25 11:59 AM GMT +05:30
Poshan Maah by Red Ribbon Club 2025



Nankhari, Himachal Pradesh, India
8h4m+5g9, Nankhari, Himachal Pradesh 172021, India
Lat 31.305539° Long 77.584331°
01/10/25 11:51 AM GMT +05:30
Poshan Maah by Red Ribbon Club 2025



Nankhari, Himachal Pradesh, India
8h4m+5g9, Nankhari, Himachal Pradesh 172021, India
Lat 31.30552° Long 77.584347°
01/10/25 11:50 AM GMT +05:30
Poshan Maah by Red Ribbon Club 2025



Nankhari, Himachal Pradesh, India
8h4m+5g9, Nankhari, Himachal Pradesh 172021, India
Lat 31.305562° Long 77.584315°
01/10/25 11:56 AM GMT +05:30
Poshan Maah by Red Ribbon Club 2025

Anemia Mukh Himachal Pradhiyan

RBSK MHT Block Nankhari

Name of Institution:- Govt. Degree college Nankharai (S.N.S.P Boys) 01-10-2025

Sr.No.	Name of Child	Gender	Age	Father Name	HB g/dl	Categorization of anemia	class
1.	Vanshika	Female	13-10-2005	moderate	10.1	90153 66994	3 rd
2.	Tarvi	Female	09-05-2007	Normal	13.0	80911 53879	2 nd
3.	Hemlata	Female	01-06-2006	-do-	13.3	85805 71837	3 rd
4.	Shabnam	Female	05-03-2006	moderate	10.2	50940 66554	3 rd
5.	Yakub	Male	27-10-2006	Normal	14.7	88946 65688	2 nd
6.	Abhijeet Gupta	Male	10-02-2008	-do-	15.5	78071 00917	1 st
7.	Akhilush	Male	18-10-2005	-do-	14.9	62301 39858	2 nd
8.	Jugnu	Male	28-04-2008	-do-	14.8	91295 59062	1 st
9.	Krishan	Male	05-09-2007	-do-	13.6	86278 87783	5 th
10.	Devang	Male	24-01-2007	-do-	14.2	86289 24106	2 nd
12.	Rajan	Male	20-09-2006	-do-	14.1	93176 59510	
13.	Nirish	Male	19-12-2006	-do-	14.8	62300 22743	
14.	Aman	Male	21-05-2006	-do-	13.7	78767 64117	
15.	Naman	Male	16-05-2005	-do-	15.0	85544 65369	
16.	Kalit	Male	21-04-2008	-do-	15.0	80913 71291	
17.	Subham	Male	16-02-2007	-do-	13.3	82195 13007	
18.	Nishant	Male	09-11-2004	-do-	14.6	93177 34502	
19.	Gange	Male	10-10-2008	-do-	13.2	88946 40804	
20.							

STAFF MEMBERS

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Govt. Degree College
Nankhari-172021

Dr. Tailor

