

# Report on Rashtriya Poshan Maah 2025

Rashtriya Poshan Maah 2025 was celebrated from 12th September to 11th October 2025 under the Poshan Abhiyan. On this occasion, our college organized two activities on 1st October 2025.

The first activity was conducted by the Red Ribbon Club in collaboration with RSBK (Rashtriya Bal Swasthya Karyakram), MHT Block Nankhari, and involved an HB Testing Programme under the theme “Anemia Mukta Himachal”. The testing was carried out for all students, teaching, and non-teaching staff of the college. A total of 20 individuals were tested during the Programme. The medical team worked under the guidance of Dr. Trilok Joshi, while the tests were administered by Dr. Ritika Shandil and Ms. Deepika Chauhan.

The second activity, a plantation drive, was organized by the Eco Club on the same day under the inspiring theme “Ek Ped Maa Ke Naam,” which means “A Tree in the Name of Mother.” The event was held in the vicinity of the college campus. The idea behind this initiative was to plant a tree as a tribute to one’s mother, a symbolic gesture to honor the love and care of mothers while contributing to a greener and healthier planet. Deodar (Cedar) saplings were planted during the drive, kindly provided by the Forest Department, Nankhari. During the drive, students and faculty members actively participated by planting a variety of sapling, contributing to the enhancement of greenery in the area. The initiative aimed to create awareness about the importance of trees in maintain ecological balance, reducing pollution, and promoting a healthier environment. Such efforts not only beautify the surrounding but also inspire the community to take small yet significant steps towards a sustainable future. Although this drive was aligned with Sustainable Development Goal 13 (Climate Action, which encourages efforts to

combat climate change and its impacts. Because planting trees is one of the most effective and natural ways to achieve this goal.



